



**Finlandia Foundation National**

## Student Workshop “Making Music with Our Bodies” by Sibelius Academy & Soiva Music Camp at FinnFest

Finlandia Foundation National, the leading source of support for Finnish-American culture, is pleased to present a Soiva Music workshop in cooperation with Sibelius Academy for students ages 8-16 at FinnFest 2023 in Duluth.

The free session will take place at the DECC’s Harborside Patio from 1-4 p.m. on Friday, July 28, and repeated from 1:30-4:30 p.m. on Saturday, July 29. Registration will begin one hour before each day’s session. Class size is limited.

“Making Music with Our Bodies” workshops draw from the practices of global pedagogy, which is an immersive way of music making and experiencing music.

Global pedagogy is taught in the Global Music Department of Sibelius Academy in Helsinki, Finland, as an essential part of its bachelor’s and master’s programs. Its practices lean on the ideology of inclusivity, embodiment, co-creation and improvisation—experiencing music through body and movement, voice, creativity and contribution.

Improvisation is used as a vehicle for intercultural conversation, embracing and giving space to diversity. The workshops are led through group exercises and musical games that involve movement, rhythm, body percussion and singing. No previous experience is needed to attend, but understanding pulse helps.

Anybody and everybody interested in music is welcome; you only need to bring yourself and your curiosity!

### SIBELIUS ACADEMY WORKSHOP LEADERS

**Artur Uronen** is a producer, songwriter, and a pedal steel guitarist from Helsinki. Now in his third year as a student at the Global Music Department of Sibelius Academy, he is working on developing his approach to modern music production and pedal steel guitar. Current projects include upcoming solo work, as well as various artist and sync projects in Japan, South Korea and China.

**Kata Vuoristo** is a Finnish singer, music pedagogue and a composer. Her main interests lie in songwriting, rhythmic, improvisation, global pedagogy and world music styles, such as Brazilian and Portuguese musical traditions. Kata has worked as a vocal coach for over a decade, for the past seven years giving lessons at the private Demo Music School in Helsinki.

Lately she has been driven by global pedagogy and circle music practices—experiencing music through voice, body, movement and improvisation. Kata has performed around Finland and abroad (Portugal, Brazil, Switzerland, the Netherlands, Sweden) in events, clubs and festivals, and works with bands like JOKA ensemble, Kata e Mais and Sheine lte. Currently, she is studying in the Global master’s program at Sibelius Academy.

Sibelius Academy: [uniarts.fi](http://uniarts.fi) FinlandiaFoundationNational.org 2023.finnfest.us

Questions? Email [office@finlandiafoundation.org](mailto:office@finlandiafoundation.org)

